



# RESOURCES FOR EARLY CHILDHOOD

*Sensory Integration and the Child* – A Jena Ayres

*Your Two Year Old: Terrible or Tender* – Louise Bates Ames & Frances Lilgi

*Our Three Year Old: Friend or Enemy* – Louise Bates Ames & Frances Lilgi

*Your Four Year Old: Wild and Wonderful* – Louise Bates Ames & Frances Lilgi

*Your Five Year Old: Sunny and Serene* – Louise Bates Ames & Frances Lilgi

*What to Say: Sensible Tips and Scripts for Perplexed Parents* – Betsy Brown Braun

*You're Not the Boss of Me: Brat-Proofing Your Four- to Twelve-Year-Old Child* – Betsy Brown Braun

*Raising Happiness: 10 Simple Steps for More Joyful Kids and Happier Parents* – Christine Carter

*The Five Keys to Mindful Communication* – Susan Gillis Chapman

*Please Don't Sit on the Kids* – Clare Cherry

*Sharing the Joy of Nature* – Joseph Cornelli

*Without Spanking or Spoiling* – Elizabeth Crary

*Girls Will Be Girls: Raising Confident and Courageous Daughters* – Joann Deal

*The Power of Habit* – Charles Duhigg

*Raising A Daughter: Parents and the Awakening of a Healthy Woman* – Dan and Jeannie Elium

*Raising a Son* – Dan and Jeannie Elium

*How to Talk So Kids Will Listen & Listen So Kids Will Talk* – Elaine Faber, Adele & Mazlish

*Emotional Intelligence* – Daniel Goleman

*10 Mindful Minutes: Giving Our Children—and Ourselves—the Social and Emotional Skills to Reduce Stress and Anxiety for Healthier, Happy Lives* – Goldie Hawn

*Everyday Blessing: The Inner Work of Mindful Parenting* – Myla & Jon Kabat-Zinn

*Getting to Calm: Cool-Headed Strategies for your Baby's First Year* – Laura Kastner

*Too Much of a Good Thing* – Dan Kindlon

*Raising Self-Reliant Children in a Self Indulged World* – Stephen Glenn and Jane Nelson

*The Price of Privilege* – Madeline Levine

*A Nation of Wimps: The High Cost of Invasively Parenting* – Hara Estroff Marano

*The Parent's Tao Te Ching: Ancient Advice for Modern Parents* – William Martin

*Strong Fathers, Strong Daughters* – Meg Meeker

*Strong Mothers, Strong Sons* – Meg Meeker

*The 10 Habits of Happy Mothers: Reclaiming Our Passion, Purpose, and Sanity* – Meg Meeker

Cont...



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*The Blessing of a B Minus: Using Jewish Teachings to Raise Resilient Teenagers* – Wendy Mogel

*The Blessings of a Skinned Knee: Using Jewish Teachings to Raise Self-Reliant Children* – Wendy Mogel

*Positive Discipline For Preschoolers – for their Early Years – Raising Children Who Are Responsible, Respectful and Resourceful* – Jane Nelsen and Cheryl Erwin and Rosalyn Duffy

*How to Be An Adult In Relationships: The Five Keys to Mindful Loving* – David Richo

*Loving Your Child is Not Enough: Positive Discipline that Works* – Nancy Samalin

*Love and Anger: The Parental Dilemma* – Nancy Samalin

*Raising Your Spirited Child* – Mary Sheedy

*Please Touch* – Susan Striker

*50 Rules Kids Won't Learn in School: Real-World Antidotes to Feel-Good Education* – Charles Sykes

*You're Wearing That? Understanding Mothers and Daughters in Conversation* – Deborah Tannen

*You Just Don't Understand: Women and Men in Conversation* – Deborah Tannen

*Why Do They Act That Way?* – David Walsh

*Healthy Sleep Habits, Happy Child* – Marc Weissbluth

*Making Things: A Handbook of Creative Discovery* – Ann Wiseman

*Strategies for Teaching Young Children* – Mary York, Judith Schickendanz, Ida Santos Stewart and Doris White