



LITTLE DOLPHINS
BY THE SEA

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invites you on

– **Tuesday, December 6th @ 9:30AM** –

for a special talk on: **“Winter Wise: A Community Council Circle to Touch the Deep Peace of the Winter Circle.”**

We invite you to circle and relish in the nourishment of Council with the Little Dolphin grown-ups. As nature slows down to let the tilth of the soil seep deep, we find ourselves in the whirl of pre-holiday planning. Let us take a breath together and allow a shared moment of winter-wise stillness and reflection. This Council Circle Time is intended to be a mini-retreat into the Winter Cave of community warmth, a gift of slowing down together, and through our stories, knitting a cozy blanket of connection with ourselves and one another.

Lori Richards M.A., LMFT is a licensed marriage and family therapist in private practice serving youth, adolescents, and adults. She is a Certified Council trainer through the Ojai Foundation and her background includes 30 years as an educator specializing in social-emotional education and human development. She has presented internationally to teachers, administrators, and parent groups. She has taught elementary, middle, and high school students, led youth circles and parent groups in independent schools, public schools, and mental health settings. Lori was the founding Director of an independent elementary school. Lori is proud to be a part of the Seven Arrows family, teaching human development and empowerment classes in the upper grades. To renew herself, Lori writes music at the piano, practice yoga, and spends time in nature with her dog.



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Presents

LORI RICHARDS